

Tessa Mason - Treasurer
East Cornwall Harriers Running Club
26 Tregartha Way
Liskeard
Cornwall
PL14 3TF

15/06/2016

Dear Tessa

Re: Cornwall Air Ambulance Donation

Thank you so much for the sum of £150.00 received as a donation to the Cornwall Air Ambulance from the East Cornwall Harriers group. Please pass on all of our thanks for thier support and I hope that the runner is recovering well from their injuries after our call out to the 5 Tors Race in April!

Our lifesaving missions would simply not be possible without support such as yours. Last week we were visited by Bob Walker who was knocked off his motorbike on his way to the local DIY shop last August. Bob's leg was injured so badly that he lost a tremendous amount of blood and could only be given paracetamol by the land ambulance crew due to his dangerously low blood pressure. As soon as the air ambulance arrived, our aircrew paramedic Steve Garvey was able to administer ketamine to help ease Bob's pain. The crew then flew him to Derriford Hospital in Plymouth and during the 15 minute flight Bob's heart stopped beating twice. Thankfully, 8 months later, Bob is recovering well, despite having his right leg amputated.

Our paramedics' ability to administer pain relief through ketamine is a direct consequence of the fact that they are currently undertaking Post Graduate training at the same time as working alongside a doctor team who are helping them to acquire new skills. This excellent care is only possible due to the support such as yourself and we are extremely grateful for what you help our aircrew achieve.

A date for the diary: 19th – 25th September 2016 is Cornwall Air Ambulance's Fund a Flight Week, part of National Air Ambulance Week. The aim is to get businesses, schools, community groups, friends, families and neighbours across the county doing something fun to help Fund a Flight! We are asking everyone to get together, have fun and raise money for this amazing cause. Whether it's a weird, wacky event or a firm favourite – anything goes! Please email: hayley@cornwallairambulancetrust.org or phone her on 01637 889926 for more information.

To find out more about the lifesaving work you have helped to fund please head to our website www.cornwallairambulancetrust.org where you will find out about other ways to support *your* air ambulance

Thank you once again for everything you do to keep Cornwall's air ambulance helicopter flying.

Yours sincerely



Susie Croft
Head of Income Generation