

# **EAST CORNWALL**

## **= HARRIERS =**

Autumn 2008

The summer came and went very quickly and was characterised by some very wet and soggy running! We can now look forward to some winter training sessions and races. Please remember to wear reflective clothing whilst running in the dark evenings—our Kit Officer—Pat Parritt has some bibs available if you need to buy one.

### **RELAY FOR LIFE**

**Cancer Research UK's Relay for Life took place at Liskeard School on May 23rd/24th. East Cornwall Harriers entered a team and successfully raised £750, so well done to those who ran/walked around the track for part of the 24 hours in sometimes very difficult conditions especially the team members who had to be out there during the night when the wind and rain came! We even lost our Gazebo! Team members organised by Anton Luiten were : Mary & Nigel Bowers, Mark Andrews, Alan Green, Paul Arrowsmith, Terry Leech, Len White, Aaron & Cadan Crowle, Amanda Erith, Pat Parritt, Ray Goodright and Jon Harris. The event is going to take place again next year so if you think you might be interested in joining in please speak to Anton.**

### **SUMMER RELAY RESULTS**

The men had success at the Albaston relays this year by winning the fancy dress category! The 'School Girls Aloud' team was made up of Terry Leech, Len White, Mark Andrews, Nigel Bowers and Ian Crowle.

At Erme Valley the Womens 045 team won first place with Ali Ross, Pat Parritt, Amanda Erith and Revis Crowle making up the team.

East Cornwall Harriers were dominant at the Tavy Relays winning several categories. In the junior relays the boys under 16's, 12's and 14's teams were placed first and the under 16's B team took 3rd prize. The girls - Cora Park, Martha Scott, Xaxier Flashman, and Flo Gregory -under 12's— also won their race.

Members of the boy's teams were ;

Under 16 - Steven Sims, Dan Nash, Liam Smith, Lewis Pullen

Under 16 B - Mark Budge, Chris Moore, Steven Sims, Dan Nash

Under 14 - Owen Morris, Steven Mears, Cadan Crowle, Alistair Tamblyn

Under 12 - Alistair Tamblyn, Giles Morozou, Oliver Lord, Tom Rogers.

The Vet men's team—Club captain- Terry Leech, Alan Green, Mark Andrews and Ian Crowle were placed third.

The Womens's senior team followed their usual success in winning this event. Team members were Sharon Dawe, Revis Crowle, Diane Roy and Ashley Sims.

The vet's team—Louise England, Pat Parritt, Lynne Budge and Amanda Erith took 2nd place in the women's veteran category.