

**EAST CORNWALL**  
**= HARRIERS =**  
**LISKEARD**

**CONSTITUTION AND RULES**

1. TITLE

The Club shall be called the East Cornwall Harriers.

2. OBJECT

The promotion of Amateur Athletics.

3. Colours

- (a) Gold vests with black lettering and black side panels, and black shorts.
- (b) Club colours must be worn by all competitors representing the Club at UK Athletics permitted, competitive meetings or races.

4. INCOME AND PROPERTY

- (a) The income and property of the Club shall be applied solely to the stated object and no portion thereof shall be paid by way of profit to any member of the Club.
- (b) The website known as [www.eastcornwallharriers.com](http://www.eastcornwallharriers.com) shall be owned by the Club and any entries on the website shall be approved by the committee.

5. MEMBERSHIP

- (a) Membership shall be open to all Amateur Athletes as defined by UK Athletics.
- (b) Application for membership must be made in writing to the Membership Secretary and approved by a majority of the Management Committee.
- (c) Each member shall pay a subscription, decided at the AGM, for the ensuing year.
- (d) Subscriptions, due on the 1<sup>st</sup> April, must be paid for the current year before the member can compete for the Club.  
Those joining from 1<sup>st</sup> January shall pay the full subscription, covering them for the remainder of that year and the whole of the following year.  
A penalty of £5 is to be charged to any Senior Member and of £2 to any Junior Member whose membership subscription is not paid within 2 months of the subscription due date, 1<sup>st</sup> April.
- (e) The Committee shall have the power to waive all or part of any subscription should it see fit.
- (f) Life membership shall be available to any member on payment of a fee amounting to ten (10) times the Senior Subscription.
- (g) To resign, a member must inform the Club Secretary in writing.
- (h) Any member guilty of misconduct (i.e. Behaviour contrary to the Constitution) may be cautioned or expelled from the Club by a majority decision of the Management Committee.  
Any person expelled shall have the right to appeal to the said Committee at a meeting called at his or her request, not later than two (2) weeks from the date of expulsion.
- (i) The Committee shall have the power to expel any member whose subscription is three (3) months in arrears, provided one (1) month notice in writing shall have been sent to such member by letter addressed to his or her last known address, informing him or her of the Committee's proposed action.
- (j) The name and address of any person so expelled shall be sent to the Honorary Secretary of the Area Association, who shall enter the name in a book (to be called "The Suspension Book") kept for that purpose.  
The suspended person may not compete under UK Athletics rules until the liability has been discharged.

## 6. MANAGEMENT

- (a) The Management Committee shall consist of President, Chair, General Secretary, Treasurer, Membership Secretary, Head Coach, Men's Captain, Ladies Captain, Child Protection Officer, Wednesday Running Group Liaison and Webmaster.
- (b) The Management Committee must meet at least six (6) times a year.
- (c) A quorum for Management Committee meetings shall be a minimum of four (4) officers attending.
- (d) All decisions will be by a majority vote, the Chair having a casting vote in the event of a tie.
- (e) The Management Committee shall have the power to co-opt extra members, fill Committee vacancies during the year and to form sub-committees, as and when necessary.
- (f) The accounts of the Club shall be examined annually. The correctness of the income and expenditure of the Balance Sheet shall be ascertained by an independent verifier, appointed by the Management Committee.

## 7. ANNUAL GENERAL MEETING (AGM)

- (a) An AGM shall be held during the month of March, with no less than fourteen (14) days notice in writing being given to all members.  
The following business will be undertaken:
  - I. Annual Reports shall be given.
  - II. A Statement of the Clubs Accounts shall be presented for approval.
  - III. The election of Officers.
  - IV. Any other items specified on the Agenda.
- (b) Only paid up adult members of the Club may vote at the AGM.
- (c) Twenty percent of all paid up adult members must be present to constitute a quorum.
- (d) Items for the Agenda must be submitted in writing to the Club's Secretary at least two (2) weeks before the meeting.
- (e) No alterations may be made to the Constitution except as follows:
  - I. At the AGM, for which such alterations must be submitted in writing seven (7) days before the meeting.
  - II. At an Extra Ordinary General Meeting (EGM) called by the Secretary, on receipt of a written request for such, and signed by at least ten (10) paid up adult members, stating the reason for which the meeting has been called.
  - III. A two thirds majority decision of attending paid up adult members shall be required in either case.

## 8. DISSOLUTION

- (a) The Management Committee by a two thirds majority at a quorum meeting may decide to dissolve the Club.  
An EGM must be called giving four (4) weeks notice to all Club members. If the motion is passed by a two thirds majority the Club is then dissolved.
- (b) Alternatively, ten (10) ordinary paid up voting members may petition the Secretary in writing to call an EGM whereupon the conditions in rule 8(a) above will apply.
- (c) Upon dissolution, any funds remaining after meeting all debts, will be divided equally between and donated to Cornwall County Athletic Association, and the West Devon and East Cornwall Athletic Forum to be used in the furtherance of Amateur Athletics.

## **FOOTNOTE**

This Constitution was originally presented and approved at the Clubs Annual General Meeting on 21<sup>st</sup> March 1990 and incorporates amendments approved at the Annual General Meetings of:

- i. 28<sup>th</sup> March 1996
- ii. 19<sup>th</sup> March 2002
- iii. EGM 5<sup>th</sup> September 2013
- iv. 17<sup>th</sup> March 2016