



COACH/LEADER TRAINING COMMITMENT

Thank you for volunteering to train to become a Coach/Leader for East Cornwall Harriers.

The ability of the club to be able to provide adequately trained and experienced Coaches/Leaders is vital to the success of East Cornwall Harriers. By training to become a Coach/Leader you will be able to help members improve their running and fitness, keep runners safe whilst training and help them to enjoy their running with the club.

East Cornwall Harriers will pay for the training and provide support and encouragement throughout for any suitable member who wishes to train as a Coach/Leader.

Your request for training will be considered at the Coaches/Leaders Meeting, held on the 4th Tuesday each month. The criteria which will be considered in making the decision whether or not to fund training will include the following:

- Suitability of the person to coach/lead
- A minimum of 6 months ECH club membership
- Regular and active attendance at club training sessions
- Knowledge of local roads, routes and training venues
- An awareness that the capabilities of participants in groups will vary and to take this into account at all times
- An England Athletics 'DBS' Disclosure and Barring Service Certificate will be required

In return for your training to be financed by East Cornwall Harriers you will be asked to coach or lead runners of various levels of ability throughout the training groups offered by the club that come within your own physical capabilities as a runner. You may also be asked to coach or lead junior runner training sessions. Please sign the declaration below.

Declaration:

I apply to East Cornwall Harriers for funding for training as a Coach or Leader. Should this request be granted, I agree to commit to regular coaching/leading of members, including juniors (if applicable), at club training sessions.

Print Full Name

Signature

Date.....

Please hand this completed form to the Head Coach.