



The Relay for Life is taking place over the bank holiday weekend 29/30th May.

We will be entering a team again so if anybody is interested in joining in with this inspiring event then please let Amanda Erith know as soon possible. (Tel no 01579 340744 or mob:07967323701. e-mail: amandaerith@hotmail.com)

Once we have a team of 12—15 people we will start organising some fund raising prior to the event.

PRIMARY SCHOOLS CROSS COUNTRY

The first two races have taken place - Great Trethew and Liskeard. Great Trethew was a new venue this season and a successful afternoon with good weather. The race at Liskeard had been postponed once due to excessive rainfall and on race day ,although the rain held off, the course was particularly difficult due to the mud!

In the 3/4 Girls race, Alice Gray from Calstock has won both events. Similarly in the Boys 3/4 race Jamie Williams from Landrake has been the winner. In the Girls 5/6 races Jasmine Gray –Harrowbarrow, won at Great Trethew and Florence Gregory -St Cleer, at Liskeard. In the Boys 5/6 race, Sam Parham—Callington, won at Great Trethew and Jake Lane—Looe ,at Liskeard.

The next races are as follows:

January 15th at Dobwalls
February 5th Boconnoc (Trials for South East Cornwall Team)
March 5th at Cotehele

Check out the Mural in PigMeadow Lane where ECH is represented by a prominent Harrier!

CHRISTMAS 2010

For the last three years we have gone to The Hannafore Point Hotel for our Xmas dinner. Because we are quite a large group—50—we need to start planning for the next one and we have thought about going to a different venue—Lanhydrock or St Mellion or anywhere else that anybody suggests. Please think about this and let a Committee Member know what your preference would be as soon as possible so that we can secure a booking.

FIVE TORS

The date for this race is March 21st. We will be looking for help on the day—in particular Marshalls so please let a Committee Member know if you are able to help. Once again it clashes with the Westward League but at least it is not Mothers Day!

COACHING

Karen Mahoney has recently qualified as a Leader Running/Walking and as a Level 1 Coach. Karen is now active in helping with the Beginners Group on a Wednesday Evening.

WESTWARD LEAGUE DATES:

January 17th at Bideford

February 14th at Bovey Tracey

March 21st at Redruth + presentation