

CORNISH MARATHON

20th November 2005

NO	TIME	NAME	CLUB	CATEGORY	PACE	No.
1	2:47:55	MILFORD, Shaun	Newquay Road Runners	Male Vet 40-44	06:24.4	153
2	2:53:22	BROWN, Bob	East Cornwall Harriers	Male under 40	06:36.9	169
3	2:55:09	DAVIDSON, Mark	East Cornwall Harriers	Male Vet 40-44	06:41.0	167
4	2:55:39	GURD, Richard	Windle Valley	Male Vet 40-44	06:42.1	67
5	3:00:36	DENT, Peter	Plymouth Harriers	Male Vet 50-54	06:53.5	38
6	3:01:07	FOULDING-HAWKER, Heather	Honiton Running Club	Female Vet 35-39	06:54.6	149
7	3:05:31	ROBERTS, Malcolm	Newquay Road Runners	Male Vet 50-54	07:04.7	40
8	3:06:09	HIEBER, Ben	Road Runners Club	Male Vet 40-44	07:06.2	39
9	3:06:26	STONE, Dave	Exmouth Harriers	Male under 40	07:06.8	109
10	3:08:55	READ, Paul		Male under 40	07:12.5	71
11	3:10:09	JEFFERIES, Graham	Cardigan (Wales)	Male Vet 40-44	07:15.3	187
12	3:12:56	BULLOCK, Paul	Newquay Road Runners	Male Vet 45-49	07:21.7	80
13	3:13:27	TOWNSEND, Martin	Woodstock Harriers	Male Vet 45-49	07:22.9	173
14	3:14:43	MCNAMARA, Mario	Hayle Runners	Male Vet 45-49	07:25.8	90
15	3:15:44	LOCKETT, Pat	Newquay Road Runners	Male Vet 55-59	07:28.1	100
16	3:16:13	DOOLEY, Joseph	East Cheshire Harriers	Male Vet 40-44	07:29.2	19
17	3:16:19	PHILPOTTS, Robert	Truro Running Club	Male Vet 45-49	07:29.4	154
18	3:17:24	HOLMES, Adam	Fleet & Crookham AC	Male Vet 50-54	07:31.9	65
19	3:18:00	TULLETT, Adam	Hayle Runners	Male under 40	07:33.3	82
20	3:18:12	REID, Alan	Hayle Runners	Male under 40	07:33.7	83
21	3:18:15	EDWARDS, Steve	100 Marathon Club	Male Vet 40-44	07:33.9	70
22	3:21:56	KESTLE, Mike	Newquay Road Runners	Male Vet 50-54	07:42.3	175
23	3:23:04	FANCETT, Ken	Beckenham Running Club	Male Vet 55-59	07:44.9	98
24	3:24:11	LUND, Simon	Tanstock AC	Male under 40	07:47.4	194
25	3:24:53	LEWIS, Anthony		Male under 40	07:49.1	102
26	3:27:47	STEPHENS, Phillipa	Weston AC	Senior Lady	07:55.7	189
27	3:27:59	BARLTROP, Vernon	Road Runners Club	Male Vet 55-59	07:56.1	97
28	3:29:09	CHAPMAN, Mick	Falmouth Road Runners	Male Vet 40-44	07:58.8	168
29	3:29:22	RICHARDS, Dave	Exeter Harriers	Male Vet 40-44	07:59.3	73
30	3:30:40	RITCHIE, Janet	Carn Runners	Female Vet 40-44	08:02.3	50
31	3:30:58	ALDERMAN, Mark	Bideford AAC	Male under 40	08:03.0	151
32	3:31:56	BATEMAN, Jon	Road Runners Club	Male Vet 55-59	08:05.2	122
33	3:33:00	FOLEY, Matt	Mounts Bay Harriers	Male under 40	08:07.6	115
34	3:33:39	REYNOLDS, Steve	Newquay Road Runners	Male Vet 40-44	08:09.1	130
35	3:35:06	ELLIS, Peter	Hayle Runners	Male under 40	08:12.4	92
36	3:35:31	MILLS, Jenny	Launceston Road Runners	Female Vet 55-59	08:13.4	32
37	3:35:58	BARNES, Roy	Road Runners Club	Male Vet 45-49	08:14.4	146
38	3:36:21	NANCE, David	Tamar Trotters	Male Vet 45-49	08:15.3	6
39	3:36:22	BUNTING, Colin	Tamar Trotters	Male under 40	08:15.3	152
40	3:36:23	BREMNER, Jane	Tamar Trotters	Female Vet 45-49	08:15.4	166
41	3:36:30	HOLMES, Nick	Fleet & Crookham AC	Male Vet 45-49	08:15.6	123
42	3:38:26	GREEN, Alan	East Cornwall Harriers	Male Vet 50-54	08:20.1	14
43	3:38:28	MORRIS, Glyn	Gravesend RR	Male Vet 40-44	08:20.2	145
44	3:38:55	YOULDON, Jamie	Royal Airforce	Male under 40	08:21.2	81
45	3:39:50	ASHWORTH, Jonathon	Woodstock Harriers	Male under 40	08:23.3	107
46	3:41:34	DAY, Jonathan	Axe Valley Runnersw	Male under 40	08:27.2	147
47	3:41:43	TRUSCOTT, Simon	Newquay Road Runners	Male under 40	08:27.6	172
48	3:42:09	HINDEY, Ian	North Devon Runners	Male under 40	08:28.6	192
49	3:42:52	WORTH, John	Hayle Runners	Male Vet 50-54	08:30.2	88
50	3:42:57	BRISLAN, Ian	100 Marathon Club	Male Vet 40-44	08:30.4	163
51	3:43:06	KING, Bryan	DML	Male Vet 50-54	08:30.8	135
52	3:43:36	VOADEN, Roger		Male Vet 40-44	08:31.9	116
53	3:43:54	ANGILLEY, Jayne	Falmouth Road Runners	Female Vet 40-44	08:32.6	158
54	3:44:16	HOWES, Colin	Newquay Road Runners	Male Vet 50-54	08:33.4	127
55	3:45:12	BERRY, M	Plymouth Harriers	Male Vet 45-49	08:35.6	140
56	3:46:13	WOODWARD, Jeff	Axe Valley Runnersw	Male Vet 40-44	08:37.9	49
57	3:46:33	JENNINGS, Paul	Bideford AAC	Male Vet 45-49	08:38.7	174
58	3:46:33	BICKLE, Andrew	Road Runners Club	Male Vet 50-54	08:38.7	44
59	3:46:56	GRINDBERG, Chris		Male under 40	08:39.5	96
60	3:47:22	TOWNSLEY, Steve		Male Vet 45-49	08:40.5	28
61	3:47:36	BROWN, Mandy	Windle Valley Runners	Female Vet 50-54	08:41.1	68
62	3:47:38	OSGOOD, Roger	Havant	Male Vet 60-69	08:41.1	181
63	3:47:44	YATES, Rich	Launceston Road Runners	Male under 40	08:41.4	171

64	3:50:04	TONKIN, Craig	Hayle Runners	Male under 40	08:46.7	86
65	3:51:42	KAY, Danny	Avon Valley Runners	Male Vet 60-69	08:50.4	16
66	3:52:16	PASCOE, Nick	Plymouth Harriers	Male Vet 40-44	08:51.7	9
67	3:52:16	PLAYER, Garry	East Cornwall Harriers	Male under 40	08:51.7	4
68	3:52:18	RICHARDSON, Lesley	Newquay Road Runners	Female Vet 45-49	08:51.8	76
69	3:52:31	MOORE, Andy	Hayle Runners	Male Vet 45-49	08:52.3	85
70	3:53:23	MACLACHLAN, Gwyneth	Rand Road Warriors (South Africa)	Female Vet 35-39	08:54.3	77
71	3:53:30	WILTON, David		Male Vet 50-54	08:54.6	164
72	3:54:04	BROOK-LITTLE, Leo	Woodstock Harriers	Male under 40	08:55.9	108
73	3:54:34	BRAY, Francis		Male under 40	08:57.0	37
74	3:54:48	DOBSON, Dave	Launceston Road Runners	Male Vet 45-49	08:57.5	35
75	3:55:24	GRIMSDALE, Paul	Oxford City AC	Male Vet 50-54	08:58.9	62
76	3:56:03	FRYER, Rebecca	Plymouth Harriers	Female Vet 35-39	09:00.4	29
77	3:56:24	CHRISTOPER, John	Woodstock Harriers	Male Vet 45-49	09:01.2	99
78	3:56:26	ROFF, Neil	Lordshill A C	Male under 40	09:01.3	36
79	3:56:28	WHITLEY, Mike	Launceston Road Runners	Male Vet 40-44	09:01.4	170
80	3:56:37	HAYWOOD, Nigel	Falmouth Road Runners	Male Vet 50-54	09:01.7	10
81	3:56:54	MACALPINE, Dugald	Rand Road Warriors (South Africa)	Male Vet 55-59	09:02.4	78
82	3:57:14	MCDONALD, David		Male Vet 40-44	09:03.1	51
83	3:57:25	LAPHAM, Kieron		Male under 40	09:03.5	179
84	3:58:08	FOX, Andrew	Instinctive Sports	Male Vet 50-54	09:05.2	64
85	3:58:09	HUTCHINS, Colin	Plymouth Harriers	Male Vet 60-69	09:05.2	54
86	3:58:17	COMBS, Patrick		Male under 40	09:05.5	75
87	3:58:27	PALMER, Richard Colin		Male Vet 40-44	09:05.9	1
88	3:58:34	LAPHAM, Ruan		Male under 40	09:06.2	178
89	3:59:41	HOWES, Bill	Road Runners Club	Male Vet 55-59	09:08.7	30
90	3:59:44	RALPH, Maria		Female Vet 35-39	09:08.8	12
91	3:59:48	PRICE, Stephen	Liverpool Running Club	Male Vet 45-49	09:09.0	15
92	4:01:25	SYMONS, Marcus		Male Vet 50-54	09:12.7	8
93	4:01:36	WORTH, Philip	Tavistock AC	Male Vet 40-44	09:13.1	58
94	4:04:15	ROGERS, Peter	Cornwall Orienteering Club	Male Vet 50-54	09:19.2	182
95	4:04:19	MARSHALL, Amanda	Falmouth Road Runners	Female Vet 40-44	09:19.3	126
96	4:05:27	TAYLOR, Sue	Womens Running Net (C)	Female Vet 50-54	09:21.9	180
97	4:05:44	KIRKDALE, Brian	Hastings Road Runners	Male Vet 45-49	09:22.6	157
98	4:06:27	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 55-59	09:24.2	117
99	4:07:16	GIBBONS, Andrew		Male under 40	09:26.1	45
100	4:08:59	COLLINS, Patrick	Bromley Vets	Male Vet 60-69	09:30.0	95
101	4:09:32	WADDINGTON, Steve	South Devon AC	Male Vet 50-54	09:31.3	41
102	4:10:51	FRAISER, Glen	Hayle Runners	Male Vet 45-49	09:34.3	87
103	4:11:37	SQUIRE, Mark	Hayle Runners	Male Vet 50-54	09:36.1	91
104	4:12:03	HARRISON, David		Male Vet 50-54	09:37.0	133
105	4:12:36	BANCROFT, Trish	Truro Running Club	Female Vet 40-44	09:38.3	185
106	4:15:08	MARSHALL, Keith	Falmouth Road Runners	Male Vet 55-59	09:44.1	22
107	4:16:14	LONGWORTH, Colin	100 Marathon Club	Male Vet 50-54	09:46.6	17
108	4:17:02	FLETCHER, Simon	Tamar Trotters	Male Vet 45-49	09:48.5	105
109	4:18:08	VAUGHAN, Rachel	Truro Running Club	Senior Lady	09:51.0	110
110	4:18:09	SPRINGALL, Claire	Truro Running Club	Senior Lady	09:51.0	132
111	4:20:47	RASHLEIGH, Dave		Male Vet 50-54	09:57.0	184
112	4:22:16	VASSIE, Chris	Army	Male Vet 50-54	10:00.4	118
113	4:23:22	LEWIS, Neil	Hereford Couriers	Male under 40	10:03.0	13
114	4:23:45	HOLMAN, Tony	Hayle Runners	Male Vet 55-59	10:03.8	94
115	4:23:56	TOUT, Linda	Newquay Road Runners	Female Vet 55-59	10:04.3	63
116	4:24:55	ROWE, Phil	Hayle Runners	Male Vet 55-59	10:06.5	93
117	4:25:16	GOSSAN, John	Looe Pioneers	Male Vet 50-54	10:07.3	148
118	4:27:24	TOMS, David	Brandon Fern Hoppers	Male Vet 55-59	10:12.2	79
119	4:28:59	PUZIO, Jan	Road Runners Club	Male Vet 50-54	10:15.8	136
120	4:30:13	ROWELL, Tony	Falmouth Road Runners	Male Vet 40-44	10:18.6	183
121	4:30:59	SMEDDLE, Jeremy	White Horse Harriers	Male Vet 45-49	10:20.4	42
122	4:34:08	BUNTING, Mike	Launceston Road Runners	Male Vet 50-54	10:27.6	137
123	4:34:31	PRADY, Clive	Falmouth Road Runners	Male Vet 45-49	10:28.5	186
124	4:34:46	EVANS, Des	Newquay Road Runners	Male Vet 55-59	10:29.1	61
125	4:34:51	SUMMERS, Derek	29 CDO AC	Male Vet 50-54	10:29.2	69
126	4:37:03	HOFFEN, Kate	Tamar Trotters	Female Vet 35-39	10:34.3	139
127	4:37:03	STIFF, Kevin	Tamar Trotters	Male Vet 45-49	10:34.3	176
128	4:37:03	O'REILLY, Pauline	Tamar Trotters	Female Vet 45-49	10:34.3	60
129	4:37:03	CARROLL, Mick	Tamar Trotters	Male Vet 60-69	10:34.3	59

130	4:42:12	HARRIS, Geoff	Newquay Road Runners	Male Vet 40-44	10:46.1	101
131	4:43:09	SYMONS, Dave	Newquay Road Runners	Male Vet 45-49	10:48.2	104
132	4:44:06	BUSH, Martin	100 Marathon Club	Male Vet 45-49	10:50.4	72
133	4:45:42	JOHNSTON, Victor	Exmouth Harriers	Male Vet 45-49	10:54.1	155
134	4:47:06	MILLS, Brian	100 Marathon Club	Male Vet 45-49	10:57.3	55
135	4:47:53	BECKETT, Ivan	Tamar Trotters	Male Vet 55-59	10:59.1	46
136	4:48:49	WATTS, Paul	100 Marathon Club	Male Vet 40-44	11:01.2	165
137	4:48:49	GREEN, Allan	100 Marathon Club	Male Vet 50-54	11:01.2	162
138	4:49:15	BUNTING, Maggie	Tamar Trotters	Female Vet 35-39	11:02.2	142
139	4:49:15	MERRITT, Diane	Tamar Trotters	Female Vet 40-44	11:02.2	141
140	4:52:37	RATTIGAN, Carol	North Devon Runners	Female Vet 40-44	11:09.9	177
141	4:55:09	VALENTINE, Dave		Male under 40	11:15.7	74
142	4:58:12	DRENMAN, John	South Devon AC	Male Vet 50-54	11:22.7	128
143	4:58:46	WATKINS, Yvonne	Falmouth Road Runners	Female Vet 40-44	11:24.0	66
144	4:58:51	REDWOOD, Ed		Male under 40	11:24.2	190
145	4:58:54	JAMES, Philip		Male Vet 40-44	11:24.3	160
146	4:59:04	HOWES, Pauline	Road Runners Club	Female Vet 50-54	11:24.7	31
147	5:01:46	JANMAN, Jane	Road Runners Club	Female Vet 45-49	11:30.9	2
148	5:06:23	TINNYUNT, Robert	Teignbridge Trotters	Male Vet 60-69	11:41.4	134
149	5:14:03	CHAPMAN, Edward	Trail Runners	Male Vet 50-54	11:59.0	156
150	5:16:03	GAUNT, Mike	Tring Running Club	Male Vet 55-59	12:03.6	103
151	5:17:50	DELDERFIELD, Jenny		Senior Lady	12:07.7	131
152	5:18:29	SEABROOK, Patricia	Finch Coasters	Female Vet 60+	12:09.1	11
153	5:18:29	BORLAND, John	Finch Coasters	Male Vet 70+	12:09.1	56
154	5:20:26	DA SILVA, Selina	Womens Running Network	Female Vet 45-49	12:13.6	112
155	5:21:13	CARTER, Roger	Looe Pioneers	Male Vet 45-49	12:15.4	150
156	5:24:08	FENELON, Liam	100 Marathon Club	Male Vet 60-69	12:22.1	143
157	5:24:51	EASTERBROOK, Liz	Hayle Runners	Female Vet 55-59	12:23.7	89
158	5:24:51	WHITING, Doug	Road Runners Club	Male Vet 70+	12:23.7	24
159	5:24:52	MARSHALL, Terry	Falmouth Road Runners	Female Vet 55-59	12:23.8	23
160	5:33:48	STURMAN, Darren		Male under 40	12:44.2	20
161	5:33:48	STURMAN, Kevin		Male under 40	12:44.2	21
162	5:38:10	WEBSTER, Jane	Seaford Striders	Male Vet 45-49	12:54.2	52
163	5:38:10	WEBSTER, Bob	Seaford Striders	Male Vet 50-54	12:54.2	53
164	5:44:36	COOK, Bill	Tamar Trotters	Male Vet 40-44	13:08.9	138
165	5:58:08	IDDLES, Brent	100 Marathon Club	Male Vet 60-69	13:39.9	124